



ADVENTURE CAMP

August 8-14, 2010

One-week overnight program

Let our experienced staff teach your teenager basic wilderness survival skills and provide supervised high-energy expeditions with adrenaline rushes that will be talked about for years to come!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Check-in	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
<i>Teambuilding activities</i>	<i>Shelter building</i>	<i>Canoe trip</i>	<i>Orienteering course around camp</i>	<i>Day hike and climbing</i>	<i>River rafting trip</i>	<i>Closing activities</i>
<i>Fire building – learn several techniques</i>	<i>Water collecting – set-up collectors for the week to see how much they collect</i>	<i>Lunch (on the water)</i>	<i>Lunch</i>	<i>Lunch (on the hike)</i>	<i>Lunch (on the river)</i>	<i>Open time to show parents skills on climbing tower, lake, etc.</i>
Dinner		<i>Map and compass practice</i>	<i>Climbing/ rappelling</i>	Dinner	Dinner	
Campfire	<i>Lunch</i>	<i>Tracking a counselor-counselor will leave a trail for campers to follow with subtle clues</i>	<i>Waterfront time</i>	<i>Group builds evening campfire</i>	<i>Special evening activity</i>	Check-out
	<i>Climbing tower</i>		Dinner			
	<i>Swimming/canoeing</i>		<i>Group builds evening campfire</i>			
	Dinner	Dinner				
	<i>Scat hunt/tracking</i>					
	<i>Group builds evening campfire</i>	<i>Group builds evening campfire</i>				