

Lap, Rec, Youth & Family Swim

Pool Schedule: February 8th, 2010-February 14th, 2010

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<u>Adult Lap Swim</u>	<u>Adult Lap Swim</u>	<u>Adult Lap Swim</u>	<u>Adult Lap Swim</u>	<u>Adult Lap Swim</u>	<u>Adult Lap Swim</u>	<u>Adult Lap Swim</u>
5:45-8:30am (5)	5:45-8:30am (5)	5:45-8:30am (5)	5:45-8:30am (5)	5:45-8:30am (5)	7:00-9:00am (4)	9:00-3:00pm (3-4)
8:30-9:15 (3-4)	8:30-1:00pm (4)	8:30-9:15am (3-4)	8:30-5:00pm (4)	8:30-9:15am (3-4)	9:00-1:00pm (3-4)	3:00-6:00pm (2)
9:15-4:00pm (4)	1:00-4:00pm (3)	9:15-3:30pm (4)	5:00 CLOSED 7:30pm	9:15-4:30pm (4)	1:00-3:00pm (4)	
4:00-5:00pm (1)	4:00-5:00pm (1)	3:30-5:00pm (1)	7:30-9:00pm (3-4)	4:30-6:00pm (3)	3:00-6:00pm (2)	
5:00 CLOSED 6:00pm	5:00 CLOSED 7:30pm	5:00 CLOSED 6:00pm		6:00-9:00pm (2)		
6:00-7:00pm (3)	7:30-8:20pm (3-4)	6:00-7:00pm (3)				
7:00 CLOSED 8:00pm		7:00 CLOSED 8:00pm				
8:00-9:00pm (3-4)		8:00-9:00pm (3-4)				

*It is policy to circle swim and share the lanes when the pool is busy.

*During peak times, please try to limit your swim time to an hour.

<u>Adult Rec Swim*</u>	<u>Adult Rec Swim*</u>	<u>Adult Rec Swim*</u>	<u>Adult Rec Swim*</u>	<u>Adult Rec Swim*</u>	<u>Adult Rec Swim*</u>	<u>Adult Rec Swim*</u>
5:45-8:30am (1)	5:45-8:30am (1)	5:45-8:30am (1)	5:45-8:30am (1)	5:45-8:30am (1)	7:00-3:00pm (2)	9:00-3:00pm (2)
9:15-5:00pm (2)	8:30-5:00pm (2)	9:15-5:00pm (2)	8:30am-5:00pm (2)	9:15-3:30pm (2)		
8:00-9:00pm (2)	7:30-8:20pm (2)	8:00-9:00pm (2)	7:30-9:00pm (3)	5:00-6:00pm (2)		

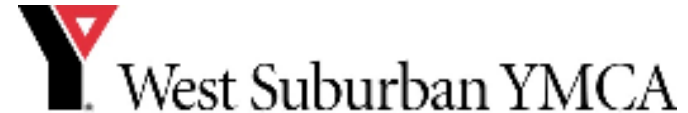
· Listed times are when the pool is available for Rec Swim

· Parentheses denote the number of Lanes available

<u>Youth/Family Swim</u>	<u>Youth/Family Swim</u>	<u>Youth/Family Swim</u>	<u>Youth/Family Swim</u>	<u>Youth/Family Swim</u>	<u>Youth/Family Swim</u>	<u>Youth/Family Swim</u>
1:00-2:30pm	10:00-12:30pm	10:00-12:30pm	10:00-12:30pm	1:30-2:30pm	9:00-12:00pm	9:00-12:00pm
Family Swim - SP	Family Swim - SP	Family Swim - SP	Family Swim - SP	Family Swim - SP	Family Swim - SP	Family Swim - SP
3:30-6:00pm	1:30-4:30pm	1:30-5:30	1:30-4:00pm	4:30-6:00pm	3:00-6:00pm (3)	3:00-6:00pm (3)
Family Swim - SP	Family Swim - SP	Family Swim -SP	Family Swim - SP	Youth Rec-SP	Family Swim - BP	Family Swim - BP
6:30-7:30pm	4:30-6:00pm	6:00-7:00pm	4:30-6:00	4:30-6:00pm (1)	3:00-6:00pm (1)	3:00-6:00pm (1)
Family Swim - SP	Youth Rec - SP	Family Swim -SP	Youth Rec -SP	Youth Lap - BP	Youth Lap - BP	Youth Lap - BP
	<u>Adult H2O Polo^</u>			6:00-9:00	3:00-6:00pm (SP)	3:00-6:00pm (SP)
Big Pool - BP	8:20-9:20pm - BP			Family Swim BP & SP	*if available	*if available
Small Pool - SP	^Must pre-register to take part in the program.					

****ALL SWIMMERS MUST shower prior to swimming.**

****ALL SWIMMERS are REQUIRED to wear a swim cap.**



· Schedules are subject to change without notice, please visit www.westsuburbanymca.org for the most up to date schedule.