

## Lap, Rec, Youth & Family Swim

### Late Spring Pool Schedule: June 29, 2009-July 5, 2009

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<u><b>Adult Lap Swim</b></u>	<u><b>Adult Lap Swim</b></u>	<u><b>Adult Lap Swim</b></u>	<u><b>Adult Lap Swim</b></u>	<u><b>Adult Lap Swim</b></u>	<u><b>Adult Lap Swim</b></u>	<u><b>Adult Lap Swim</b></u>
5:45-8:30am (5)	5:45-8:30am (5)	5:45-8:30am (5)	5:45-8:30am (5)	5:45-8:30am (5)		9:00-3:00pm (4)
8:30-9:45am (4)	8:30-9:45am (4)	8:30am-9:45am (4)	8:30-2:30pm (4)	8:30-4:30pm (4)		3:00-6:00pm (2)
9:45-11:00am (3)	9:45-11:00am (3)	9:45-11:00am (3)	9:45-11:00am (3)	4:30-6:00pm (3)	<b>YMCA CLOSED!</b> <b>July 4th</b>	
11:00-2:30pm (4)	11:00-2:30pm (4)	11:00-2:30pm (4)	11:00-2:30pm (4)	6:00-9:00pm (2)		
2:30-7:00pm (3)	2:30-8:00pm (3)	2:30-8:00pm (3)	2:30-8:00pm (3)			
7:00-8:00pm (3)		8:00-9:30pm (4)	8:00-9:30pm (4)			
8:00-9:30pm (4)						
<u><b>Adult Rec Swim*</b></u>	<u><b>Adult Rec Swim*</b></u>	<u><b>Adult Rec Swim*</b></u>	<u><b>Adult Rec Swim*</b></u>	<u><b>Adult Rec Swim*</b></u>	<u><b>Adult Rec Swim*</b></u>	<u><b>Adult Rec Swim*</b></u>
5:45-8:30am (1)	5:45-8:30am (1)	5:45-8:30am (1)	5:45-8:30am (1)	5:45-8:30am (1)		9:00-3:00pm (2)
9:15-1:00pm (2)	8:30-1:00pm (2)	9:15-1:00pm (2)	8:30-1:00pm (2)	10:30-1:00pm (2)	<b>YMCA CLOSED!</b> <b>July 4th</b>	
3:00-6:00pm (2)	3:00-6:00pm (2)	3:00-6:00pm (2)	3:00-6:00pm (2)	2:00-4:30pm (2)		
8:00-9:30pm (2)	7:00-7:30pm (2)	8:00-9:30pm (2)	7:00-7:30pm (2)			
			8:30--9:30pm (2)			
<u><b>Youth/Family Swim</b></u>	<u><b>Youth/Family Swim</b></u>	<u><b>Youth/Family Swim</b></u>	<u><b>Youth/Family Swim</b></u>	<u><b>Youth/Family Swim</b></u>	<u><b>Youth/Family Swim</b></u>	<u><b>Youth/Family Swim</b></u>
11:30-1:30pm	11:00-12:00pm	11:00-12:00pm	11:00-12:00pm	10:30-11:30am		10:00-12:00pm
Family Swim - SP	Family Swim - SP	Family Swim - sp	Family Swim - SP	Family Swim - SP		Family Swim - SP
5:00-7:00pm	5:00-6:00pm	5:00-7:00pm	5:00-6:00pm	1:00-4:00pm	<b>YMCA CLOSED!</b> <b>July 4th</b>	3:00-6:00pm (3)
Youth Lap - BP	Youth Rec - SP	Family Swim -SP	Youth Rec - SP	Family Swim - SP		
	5:00-6:00pm (1)	5:00-7:00pm (1)	5:00-6:00pm (1)	4:30-6:00pm		3:00-6:00pm (1)
	Youth Lap - BP	Youth Lap - BP	Youth Lap - BP	Youth Rec - SP		Youth Lap - BP
				6:00-9:00pm		3:00-6:00pm
				Family Swim BP & SP		Family Swim - SP

\*It is policy to circle swim and share the lanes when the pool is busy.  
 \*During peak times, please try to limit your swim time to an hour.

· Listed times are when the pool is available for Rec Swim  
 · Parentheses notate the number of Lanes available

BP = Big Pool      SP = Small Pool

**Youth Water Polo**<sup>^</sup>      **Adult Water Polo**<sup>^</sup>  
 5:00-6:00pm - SP      8:20-9:20pm - BP      <sup>^</sup>Must pre-register to take part in the program.

**\*\*ALL SWIMMERS MUST shower prior to swimming.**  
**\*\*ALL SWIMMERS are REQUIRED to wear a swim cap.**

· Schedules are subject to change without notice, please visit [www.westsuburbanymca.org](http://www.westsuburbanymca.org) for the most up to date schedule.

